

About this map

This map was developed by the Natural Resources Services (NRS) Division of the Redwood Community Action Agency.

Numerous local cyclists, as well as city and regional traffic engineers and planners helped to develop this map. Bike route data was provided by the Humboldt County Association of Government's Regional Trails Master Plan. Riley Topelewski from the City of Eureka donated in-kind GIS support. The cover art was designed by Kati Texas.

We owe many thanks for ideas and information from bicycle maps from across the continent. We would especially like to thank the City of Chicago (Rebekah Broussard) and the City of Calgary (Colynn Kerr) for their guidance and for permission to use their InfoGraphics on this map, some

of which we were able to modify. Printing costs were provided by a grant from the State of California Bicycle Transportation Account through the County of Humboldt

This map update was made possible by Healthy Communities - Public Health with funding from the Active Transportation Program (ATP). You can also view an online version at



available on buses

Eureka, Arcata,

Taking your bike on the bus

is convenient and easy!

Redwood Transit System provides bus service

along the US 101corridor. Bike racks are

Passengers are responsible for loading,

securing, and unloading their own bikes.

to avoid delaying the bus on its schedule.

Bikes should be loaded and unloaded quickly

For more information about bikes on

buses, please ask your driver or visit

www.hta.org

Cyclists must make their own evaluation of traffic and road conditions, and plan routes appropriate to their riding skills weather, and riding conditions. The tate of California, Humboldt County, and respective cities on whose streets, oads, and bicycle facilities you may ravel are not responsible for your safety nor for facility standards. Users of this map bear full responsibility for their own safety as well as for the results of their







Bikes on Buses "Sharrows"

"Sharrows" are typically located in the center of preferred bike route lanes to indicate that bicycles and motor vehicles should equally share the road and that a bicyclist may use the full lane. Sharrows are designated as a bike route/Class III facility.





US 101 Safety Corridor Tips



- Ride with a friend
- Always ride single file
- Ride far to the right as practicable
- Ride on sidewalk for northbound Eureka Slough bridges
- Use caution merging past on and offramps • Make eye contact with drivers turning left onto highway
- Watch for debris along shoulder
- Use bright front and back lights at night

Bike Shops

Humboldt Bay Bicycle Commuters Association

North Coast Bike

Organizations & Events

Promotes bicycle commuting through public events and the media and works with government and local agencies to promote bicycle safety and to identify and secure bicycling improvements and maintenance.

Humboldt Trails Council

www.humtrails.org

The Humboldt Trails Council serves as a unified voice to support development and use of trails for recreation and transportation throughout Humboldt County.

Redwood Coast Mountain Bike Association

www.redwoodcoastmtb.org

RCMBA is dedicated to promoting cycling and building and maintaining sustainable trails in the Northern California region.

Tour of the Unknown Coast www.tuccycle.org

Join a 10, 50, 67 or 100 mile ride through the coastal mountains of Southern Humboldt in May. Event is organized as a non-profit with proceeds benefiting non-profits and residents of Humboldt County.

Kinetic Sculpture Race

www.kineticgrandchampionship.com

Human-powered works of art (designed to travel on road, sand and water) race around Humboldt Bay for a three-day Memorial weekend event.

& Services

Arcata

- Adventure's Edge 707-822-4673 650 10th St. (Between F & G)
- Pacific Outfitters 707-822-0321
- 737 G St., between 7th and 8th
- Revolution Bicycles 707-822-2562 1593 G St. (at 16th St.)

Eureka

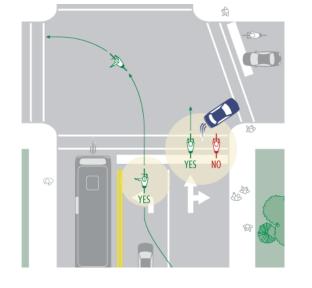
- Revolution Bicycles 707-443-9861 2811 F St. (at Henderson St.)
- Pacific Outfitters 707-443-6328 1600 5th St. (Corner of Myrtle Ave.)
- Sport & Cycle 707-444-9274 1621 Broadway (at Wabash)
- Adventure's Edge 707-445-1711 125 West 5th St. (at Commercial)



Nost Common Collisions are Preventable

Share the Road - Safely

Intersections Riding with Traffic



The 'Door Zone'

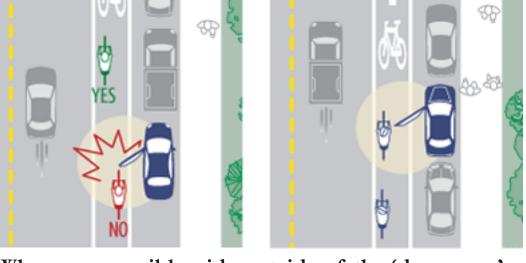
To cross an intersection, use the lane farthest to the right that points to where you are going.

Take the entire lane if lanes are narrow or if traveling the same speed as other vehicles.

Never ride against traffic. Neither motorists or cyclists expect you to be riding against traffic.



General Tips



Whenever possible, ride outside of the 'door zone' and be alert to sudden door activity of parked cars.



Avoid riding on the sidewalk. Drivers do not expect bikes there.

According to state law, cyclists have the same rights and responsibilities as



Ride in a straight line. Be predictable.

the Road

(Laws that

Affect YOU)

Be Predictable &

* Never Ride Under The Influence of

* ALWAYS KEEP BOTH HANDS READY TO BRAKE

Communicate

* COMMUNICATING PREDICTABLY

MAY MAKE YOU AVOIDABLE

ALCOHOL OR DRUGS



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HUMBOLDT AREA FOUNDATION

HUMBOLDT STATE UNIVERSIT

St. Joseph Hospital

Redwood Memorial Hospital

OBEY TRAFFIC SIGNS AND SIGNALS as a vehicle, bicycles must obey all the rules of the road Cyclists have the same privileges and responsibilities as

motorists and are subject to all motor vehicle laws.

ended move only when safe to do so.

USE HAND SIGNALS
Signal all turns, lane changes, and stops ahead

USE LIGHTS AT NIGHT

WEAR A HELMET

* Use of these icons are credited to the City of Calgary.

Ise a strong white headlight and red taillight in

ddition to reflectors and reflective clothes. See

Ielmets dramatically reduce the risk of head injury.

centeractivities



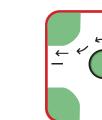
PEDESTRIANS HAVE RIGHT-OF-WAY Pass pedestrians on the left and let them know early that you are approaching with an audible signal such as a bell or verbal cue.

RIDE WITH TRAFFIC

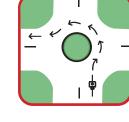
Motorists, pedestrians and other cyclists do

not expect you to ride against traffic and

chances of an accident greatly increases.



How to Ride a Roundabout Roundabouts treat motorists and cyclists



equally. Cyclists should take the lane and ride ounterclockwise and yield to traffic in the circle when entering the roundabout.

People 18 and under are required to wear a helmet that omplies with American National Standards Institute.

RIDE ON THE RIGHT SIDE A paved shoulder or right four feet of a roadway is often

- safest. Move to the center of the lane when:
- approaching an intersection or turning left riding next to parked cars
- avoiding obstacles or hazards • lanes are very narrow
- its too dangerous to allow vehicles to pass
- approaching a sharp curve and need the visibility

To help make roads safer for yourself and for fellow cyclists, contact the following offices to report specific hazards and

Humboldt County Public Works ... 707-445-7421

Bicycling is an excellent means of transportation, whether you ride to work, to shop, or for fun. Before you begin any ride, be sure your bike is in good working condition and that wou have the proper safety equipment such as a helmer a Cycle Safely!

Check is for check to see if your bike is working properly by taking it for a short ride. Make sure there are no loose or broken parts.

QUICK is for quick releases of your hubs and brakes.

check the chain for wear,

L is for chain, cogs, and cranks; Make sure crank bolts are

make sure they don't rub tires

Dis for Brakes - Inspect pads for wear

Ais for Air - Inflate tires to proper pressure and check tires for damage.

ABC Quick Check



Fun Humboldt Rides

all cyclists a good reputation! laws and riding responsibly, you will help give pedestrians, and other cyclists. By obeying traffic tun, remember to be courteous to motorists Whether you ride to work, to shop, or just for

> Fun and Functional Cyclina is

Bike Hazards in the Road:

their exact location:

City of Arcata Public Works 707-822-5957 City of Eureka Public Works 707-441-4203 City of Fortuna Public Works 707-725-7615 **State Highways, Caltrans** (i.e. Hwys 101, 255, 299, 200) . 707-445-5327

Hammond Trail, County Parks & Recreation . 707-839-2086